

The ONLY WAY OUT, is to dive in deep!

Empowerment coach & facilitator who inspired thousands across Asia with over 800 workshops in the last 20 years.

Providing valuable guidance to help align personal values and goals for organizations to bring the missing synergy between the two.

I would call him my Guru in self-change workshops.

JULY TANG
Success Resources Singapore.



Author of

- A. Emerge, empower, embrace you
- B. Align

An exceptional workshop which provides a simple yet powerful method to refocus your energy into what really matters and turning ALL struggles into pathways for growth.

A must have workshop for organisations looking to improve relationships and communication, for creating a healthy cohesive team culture.

800 WORKSHOPS
AROUND THE WORLD



The Workshop

WHAT Using a simple and proven method, we help individuals upgrade the **IOS of the mind**. The Objective is to help the employees improve their choice-making process that impacts relationships and communication, in both personal and professional life.

WHY Because the root cause of all human challenges can only be resolved when there is a **shift in our conscious choice-making** process while aligning ourselves with what matters most in our lives. When relationships and communication can be improved, while embracing diversity and inclusion, we raise the consciousness bar to another level.

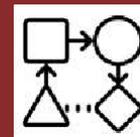
Because it is now **proven science** that our physical health, our abilities to function at an optimal level and to create meaning in life and work, lies on our capacity to change the way we make choices.



HOW We go on the premise that everyone has the innate capacity to grow and change. We also acknowledge that the learning environment is extremely important for stimulating the thinking and feeling for change. By combining this two-line of thoughts, we have created a workshop that is immensely engaging, with well-crafted activities to **initiate a personal shift**. And it has worked since our first workshop.

At best, everyone ought to attend this workshop at least once in their lifetime. This workshop provides a simple yet powerful method to shift the focus inwards to solve all personal challenges and expand the inner vision on things that matter. In doing so, you take back your innate power to be authentically you.

Learning Outcomes



Awareness of flow



Egostate Patterns



Confronting Limiting Beliefs



Boundary Management



The Art of Letting Go



Upgrading IOS



Managing Blocks



Expanding Potential

Immediate & Long-Term Benefits to Organisations

People have the power to harness the invisible forces to create powerful cultures.

While machines are efficient and effective, humans can create beautiful and meaningful work.

Investing in employees is expensive but not investing in them can be costlier.



Embrace Diversity & Inclusion



Reduction in conflicts



Improve Rapport & Relationships



Improve communication



Empowered Employee



Rise in co-creation



Methodology

Testimonials

30%

Experiential activities

25%

Individual activities

35%

Interactive learning

10%

Group sharing and feedback

July Tang – Singapore (2018)

After 10 years of attending the workshop, I can say that some of the lessons are still deeply lodged in my system. I still use the river metaphor whenever I'm stuck. No other training has left such an impact in my life.

Mohammad Adnan – Dhaka (2017)

I learnt many things from the facilitator and others during the workshop. My life has completely transformed in the last 4 year and I say it was like magic. I could not even imagine the things I have achieved and still wondering how I did it. I have decided to be a facilitator of this workshop to share the goodness to many more.

Terry Graham – Australia (2019)

Being a staunch Catholic and having attended so many religious camps in my days, I never understood forgiving like I did in this workshop. Blew my mind just thinking how the facilitator made it so simple and I am sure this is life changing for me

Since 2012
CoreEmpowerment™ has
reached many shores.

Over 800 workshops have
been conducted.



- Singapore
- Sri Lanka
- Myanmar
- Vietnam
- South Africa
- Nauru Island
- Australia
- Bangladesh
- Belgium
- Cambodia
- Dubai
- Malaysia

Workshop Details

Duration: Orientation ...½ hour.
Day 14 hours.
Day 24 hours.
Day 34 hours.
Day 44 hours.

Time: 9am ~ 1pm (MYT)

Delivery Method: Instructor lead virtual class

HRDF-SBL Khas Claimable for Malaysian Client

Contact: Molly - 60-0167254561
molly@peopleprowess.com

Training Material: Will be provided prior to
the training.

*Inhouse classroom training(2day) available upon
request.*



Testimonial

JACOB PANICKER
Head of Branch, IDBI Bank, India

Most impressive and insightful personal change facilitator I have met.

JULY TANG
Success Resources Singapore.

He is a great facilitator, and I would call him my Guru in self-change workshops.

TREVOR JENSEN,
Chairman, Aviation Australia

When you combine insightful wisdom with the art of delivery, you get Richard Muralee. World class facilitator with a big heart.

TERENCE RAJ
Senior General Manager, Group People
Star Media Group

An excellent program that helped participants focus on self-values and life goals. Richard succeeded in providing valuable guidance to help align these personal values and goals to that of the organisation's to bring about the missing synergy between the two.